

Small changes,
big differences.



TEEN Triple P for Parents of Teenagers in First Year and Second Year

You are invited to attend a Free Seminar 1 hour on

Raising Competent Teenagers and Supporting your Teenager in School

This seminar looks at how you as parents can support your teenager to develop life skills such as:

- developing self-discipline,
- becoming a good problem solver,
- establishing good routines,
- following school rules and
- developing supportive friendships.

Date	Time	Venue
Monday 7th September	7.30pm	Killina Presentation School

Midland Area Parenting Partnership, www.triplep-parenting.net and 090 6434070