

## KILLINA PRESENTATION SECONDARY SCHOOL

16<sup>th</sup> April 2020

Rahan, Tullamore, Co. Offaly.

To Killina Presentation 1<sup>st</sup>, 2<sup>nd</sup>, TY and 5<sup>th</sup> Year students.

First and foremost I hope that you and your families are well and remain so. I am writing to you in these unprecedented times to offer my support, empathy and understanding.

As the Easter holidays draw to an end, you would have been expecting to be returning to school for your last few weeks of school term. Your lives and the world has been interrupted by the outbreak of COVID19. From the school perspective this has meant huge changes as to how schools operate.

For now, other than the Ministerial announcement that schools will remain closed until further notice, I have no further details to impart. I am asking you not to despair, you are not alone in this. Your school, your teachers and your family are with you. They will be a support to you through this.

While none of us have experienced anything like this before, we are all in unchartered waters; it is still my responsibility to offer you some guidance, support and advice.

The current situation is difficult, not what any of us would like. How do we make the best of this situation? Firstly, stay healthy and well, mind yourselves and others, follow Public Health advice and stay at home. Mind your mental health, look for help if you need it and try not to stress over the things that you have no control of. Take breaks from study/ work and take exercise. Secondly, continue to engage with your teacher's online, keep going with your school work. You will return to school and will still have to undertake Junior/ Leaving Certificate exams in time and you cannot afford to have lots of missed work to make up.

Remember, school has not yet finished for you, there are six weeks left in the current term, up until 29<sup>th</sup> May. Your school and teachers are available to support you, don't be afraid to look for assistance.

With every good wish,

Ní neart go cur le chéile.

John Cotter Principal